

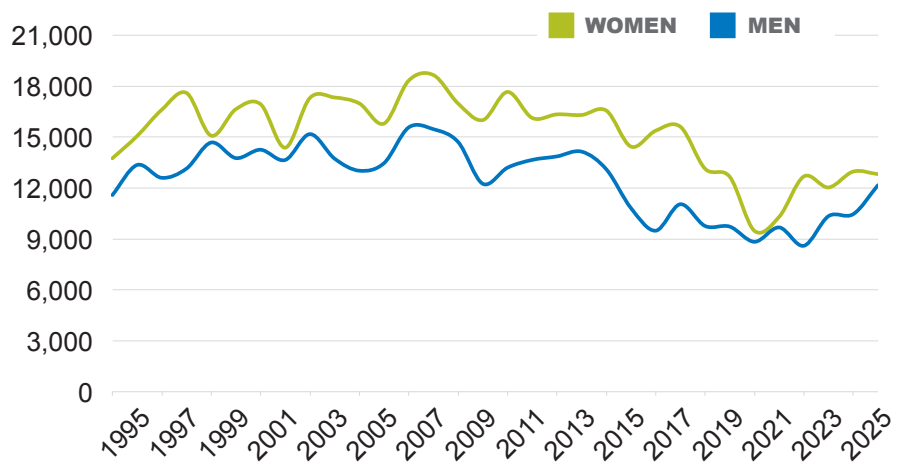
## More Vermont women than men juggle several jobs

For each of the past 30 years, more Vermont women than men have held multiple jobs at once. The total number of people working several jobs peaked in 2007, with nearly 19,000 women holding more than one job, compared with about 15,000 men. Since then, the total number of Vermont workers with multiple jobs has declined, and the difference by sex has narrowed.

Despite this decline, nearly 7.5 percent of the total Vermont workforce still juggled more than one job last year. This was higher than the national rate of 5.5 percent. Only 10 states had a higher share of multi-job workers than Vermont, and none were in New England. Kansas had the highest share, with more than 9 percent of its workforce holding more than one job.

### Over the last 30 years, many Vermonters held multiple jobs

Number of multiple-job holders by sex, Vermont, 1994-2025



Source: Economic Policy Institute analysis of Current Population Survey data from the U.S. Census  
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## THIS MONTH

Vermont's labor force declined again in June, continuing a nearly two-year trend of Vermonters leaving the workforce. The labor force includes all people age 16 or older who are employed or unemployed and actively looking for work. This is the state's smallest labor force since 2021.

| LATEST BLS DATA - JULY 21, 2026 |          |          |          |
|---------------------------------|----------|----------|----------|
|                                 | JUN 2026 | MAY 2026 | JUN 2025 |
| Labor Force                     | 338,819  | 339,904  | 349,178  |
| Employment                      | 329,992  | 331,000  | 340,062  |
| Unemployment                    | 8,827    | 8,904    | 9,116    |
| Unemployment Rate               | 2.6%     | 2.6%     | 2.6%     |

Source: U.S. Bureau of Labor Statistics